



Motif Notation: An Introduction.
Corrections
3 June 2022

Please make the following corrections in the *Motif Notation: An Introduction* text.

Table of Contents

- After Relationships add SUPPORTS – STEPS page 27
- The page numbers in Dynamics will start at page 28

Movement Alphabet, vii

- Replace the Movement Alphabet, pg vii, with the attached corrected version on page 4

An Action, Any Action, pg 1

- Ex 1f: Replace “Four quick actions” with “Four actions of brief duration”
- Ex 1g: Replace “One slow action” with “One action of long duration”
- In the paragraph under Length of Pause, Gap, change the word “quick” to “brief” in the second and third sentences
- In Ex 1h: change the term Quick to Brief

Measured Time, pg 3

- Change the first sentence to read, “So far, only a general indication of time has been given – such as a brief or a long amount of time.”

Spatial Aspects, pg 4

- Add Zigzag path,  and Meandering Path,  to the right of Ex 4a-f.

- In example 4h, change “Three short paths” to “Three paths of brief duration.” Change “One longer straight path” to “One path of longer duration.”

Floor Plans, pg 5

- Change 5b to read Woman/Girl
- Change 5c to read Man/Boy

Other Forms: Twist, Somersault, Cartwheel, pg 10

- In the paragraph under Twist, change the first sentence to read, “The signs for pivot turns, 10a, that is, rotations around the vertical axis, can be applied to twists of the torso and limbs.”

Flexion, pg 12

- Change the title from Flexion to Any Flexion.
- In Ex 12c, change “quick” to “brief”
- In Ex 12d, change “slower” to “longer”
- In Ex 12e, change “very slow” to “very long”
- Change the title from Extension to Any Extension
- In Ex 12h, change “Any kind of extension” to “A brief extension”
- In Ex 12i, change “slower” to “longer”
- In Ex 12j, change “very slow” to “very long”

Retain, Cancel, pg 13

- In Ex 13c, change “much extension” to “extension of longer duration”
- In Ex 13d, change “quick” to “brief “

Support, Parts of the Body, pg 15

- In Ex 16a, change “take off” to “prepare for takeoff”
- In Ex 16e, change “take off” to “prepare for takeoff”

Change of Support, pg 19

- Change the paragraph under Ex 19a and 19b to read, “The duration of change into the new support is indicated by the length of the action stroke, which precedes the support bow.”
- In Ex 19d, change quick to brief

Part Leading, Initiating, pg 20

- Change the end of the second sentence to read, “The symbol for the body part involved is placed within a curved vertical bow next to the movement indicated.”
- Change the sentence between 21a-c and 21d-f to read, “As shown in Ex 21d, h, i, for left side parts of the body, the bow is usually placed on the left, as an aid in reading.”

Center of Gravity, pg 21

- In the first paragraph, change the last two sentences to read, “Ex. 22a is the sign for the center of gravity, the point of balance in the body. When the center of gravity is on the vertical line, it is in balance.”
- 22a should read, “Center of Gravity”
- 22b should read, “Center of Gravity on the vertical line – in balance”
- “Center of Weight Leading” should read “Center of Gravity Leading”
- In the paragraph under the Center of Gravity Leading heading, replace center of weight with center of gravity to read, “When the center of gravity leads into a direction, for instance, leading into a step, a slight loss of balance occurs. Such leading is indicated by placing the center of gravity sign within the vertical bow.”
- The caption under the drawing should read C of G Leading

True Fall, pg 22

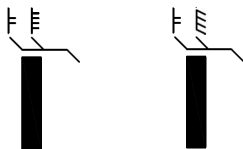
- 22h should read, “True fall, total loss of balance.”

Relating, pg 25

- Change “Any form of Relating” to “Relating” in the first paragraph and example 24a
- “If a form of relationship is to be retained” to “If a relationship is to be retained”

Reading Sequence – Relationships, Different Forms, pg 26

- On the 2nd staff, replace the right foot symbol with the symbol for the right hand as shown below



Dynamics, pg 28

- Underneath the words accented movements, change the second sentence to read, “An accent may be slight or strong.”
- Ex 26d, change “Accent in the Middle” to “Accent in the middle – a surge.”
- In the paragraph under Concept of Par, change the term “effort” to “energy” at the beginning of the 2nd line.
- Ex 27a. change “Par” to “Line of Par”

Degree of Rise of Lowering of Energy, pg 29

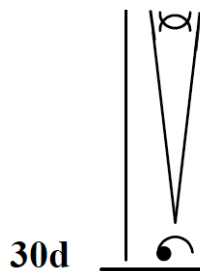
- In the statement above the title of this section, change “energy” to “energy/force.” The first part of the sentence will read, “Only general statements are given for the degree of rise or drop in energy/force, . . .”
- Change this title to read: **Degree of Rise or Lowering of Energy/Force in Relation to Muscular Engagement**
- Change “energy” to “energy/force” in Ex 27e-h

Degree of Rise of Lowering of Energy in Relation to Gravity, pg 29

- In Ex 28b, change the description to read, “Slight rise in energy against gravity. Example: uplift, buoyant.”
- In Ex 28c, change the description to read, “Marked rise in energy against gravity. Example: upward pressure.”
- In Ex 28d, change the description to read, “A drop in energy to make use of gravity. Example: A sense of weight, weighty.”
- In Ex 28e, change the description to read, “A marked drop in energy to make use of gravity. Example: A sense of heaviness, heavy stance, a heavy gesture, torso weight dropped toward earth.”

Timing, Duration of Dynamic Indicators, pg 30



- Change the last line in the fourth paragraph to read, “Ex. 29g shows a brief duration to increase energy/force. In 29h, the increase in energy is gradual.”
- Ex 29h should read, “A gradual increase in energy/force.”
- Replace Ex 30d with












THE MOVEMENT ALPHABET® - THE VERBS

The prime actions and concepts of which movement is comprised are as follows:





Presence or Absence of Movement

<i>Initial Statements</i>	}	1.		Any Action	Movement of some kind, a change
		2.		Stillness	Suspension of motion, sustainment of an arrested activity

An action may be concerned with or may focus on


<i>Anatomical Possibilities</i>	}	3.		Any Flexion	Contracting, folding, closing in, making smaller, narrowing
		4.		Any Extension	Lengthening, reaching out, enlarging, opening out, elongating, unfolding
		5.		Rotation	Any rotation of the body-as-a-whole, or of any part of the body
<i>Spatial Aspects</i>	}	6.		Traveling	Any path (straight, circular, meandering or curving) moving from one place to another
		7.		Any Direction	Movement into different directions such as up, down, to the right, left, forward, backward
<i>Supporting</i>	}	8.		Change of Support	An action ending in a new support, transference of weight
		9.		Spring	Any aerial step; leaving the ground and returning to it
<i>Center of Gravity</i>	}	10.		Balance	Equilibrium, center of gravity vertically over a moving or static support
		11.		Falling	Not in balance: center of gravity moves off the vertical, beyond point of support; loss of balance results.

Motion, Destination

<i>Movement Intention</i>	}	12.		Motion Toward	Approaching a person, object, direction, or state; a gesture toward oneself
		13.		Motion Away	Leaving, withdrawing from a person, object, direction, or state; a gesture away from oneself
		14.		Destination	Statement of an ending situation, position or state to be reached
		15.		Motion	The intention to move without stopping

RESULTS

16.  **Shape**

17.  **Relating**