



The Movement Alphabet

The prime actions ('verbs') and concepts of which movement is comprised



Any Action



Stillness



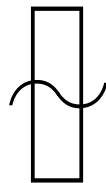
Any Flexion



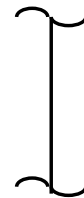
Any Rotation



Any Extension



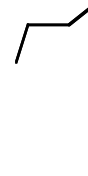
Any Direction



Any Traveling



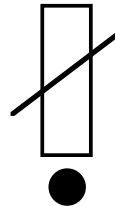
A Spring



Support



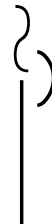
Balance



Falling



Motion Toward



Destination



Motion Away



Any form of Relating



Any Still Shape